Wild Wellbeing Days

Get back to nature with our exciting range of team building and away day packages



London Wildlife Trust

What are Wild Wellbeing Days?

Time spent outdoors is scientifically proven to improve our mental wellbeing and increase productivity.

We offer an exciting range of team building and mindfulness activities across a host of stunningly wild spaces in central London locations.



Discover

Connect

Reset



Outline of the Day

Day Delegate Packages start from £65+VAT per head and team building activities are priced separately.

Choose from full day or half day venue hire options.

We recommend the following programme:

09:30	Delegate arrival
10:00	Team meeting
12:00	Lunch
13:00	Team building activity*
16:00	Wrap up and delegate departure

*activities range in length from 1-2.5 hours



Walthamstow Wetlands

Tottenham Hale

- Meeting room facilities
- Stunning waterside views



211 hectare nature reserve

Activity Options

GPS SCAVENGER HUNT	Explore the wildness of the wetlands with this outdoor activity trail, compete the digital challenges to collect team points	*from £30 pp
BUSHCRAFT SKILLS	Use bushcraft skills to turn water from the stream into a hot cuppa, develop outdoor skills and connect with nature	£25 pp
TERRARIUM BUILDING	Create your very own miniature indoor garden in a glass vessel, learn about the plant ecosystems of moss, ivy and ferns	£27 pp
ELEMENTS YOGA	A dynamic and creative class, grounding the universal principles of the elements.	£20 pp

Please note: All prices above are exclusive of VAT. Activities are subject to host availability. *GPS Scavenger Hunt is subject to additional set up fee



Camley Street Natural Park

Kings Cross



Meeting room facilities

Canal-side views



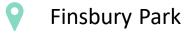
1 hectare nature reserve

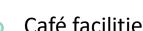
Activity Options

KOKEDAMA	Learn the Japanese art of creating your very own hanging garden to take home	£50 pp	
PERFUME BAR	Blend aromas and select scents to create your own unique natural perfume	£46 pp	
MACRAME	Immerse yourself in the basics of this ancient craft and take home your own beautiful boho creation	£45 pp	
ELEMENTS YOGA	A dynamic and creative class, grounding the universal principles of the elements.	£20 pp	
GPS SCAVENGER HUNT	Explore the local neighbourhood with this outdoor activity trail, completing digital challenges to win	£15* pp	
<i>Please note:</i> All prices above are exclusive of VAT. Activities subject to host availability *GPS Scavenger Hunt is subject to additional set up fee			



Woodberry Wetlands







Stunning lake views



11 hectare nature reserve

Activity Options

Explore the wildness of the wetlands with this **GPS SCAVENGER HUNT** outdoor activity trail, compete on digital challenges to collect team points

from £30* pp

Please note there are no meeting room facilities at this location, so we recommend only half day options. We can reserve a table in our covered outdoor seating area and pre-order lunch from the café.

> All prices above are exclusive of VAT. Activities subject to host availability. *GPS Scavenger Hunt subject to additional set up fee



What's included in the Day Delegate Package?

Venue Hire

Use of venue and facilities from 09:30 - 16:00

Arrival Refreshments

Tea, coffee and Danish pastries

Lunch

Chef's selection of seasonal fillings on artisan breads and bagels, crisps and fresh fruit

Afternoon Tea Break

Tea, coffee and cake selection Unlimited filtered water throughout

£65+VAT per person

Minimum numbers: Camley Street Natural Park – 40 Walthamstow Wetlands – 15 Woodberry Wetlands – Not currently available

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